

Document Title: biosketch Männikkö WG on Developing Partnerships with Service Users and Family Carers

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Author: M. Amering
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Biosketch Miia Männikkö

Miia Männikkö has been active in the field of family support for over twenty years. Miia served in different roles in the Finnish family associations, and has been a member of EUFAMI Board of Directors since 2012. Her educational background is social psychology and her research interests and expertise lie in peer training and empowerment programmes in mental health and family support. Miia has experiences from the projects which developed support methods for family members, for example for children of parents with mental ill health and for the whole family – such as peer support groups, educational courses for the whole family, books for children and education for social and health care professionals, enabling them to support the whole family if one of the members is affected by mental ill health.