WPA Checklist of training curriculum

Member jurisdiction:

<table>
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<th>Duration of training:</th>
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**Medical knowledge and clinical skills**

**Patient assessment:**
- Diagnosing psychiatric disorders
- Classifying disorders according to classification systems (e.g. ICD, DSM)
- Knowledge and skills to assess comorbid mental disorders
- Appreciation of interplay of multiple bio-psycho-social factors
- Skills to empathically understand the needs of a patient presenting with disabling and complex mental health problems
- Being compassionate while still maintaining a professional attitude
- Understand and appropriately handle counter-transference

**Risk assessment:**
- Knowledge and skills to comprehensively assess the risk of
  - O suicide
  - O physical violence
  - O sexual violence risk
- Skills to develop multidisciplinary action plan according to risk assessment

**Management of patient:**
- Ability to provide a comprehensive, multidisciplinary treatment plan for patients with complex needs
- In-depth knowledge and skills in pharmacological treatment
- General understanding of psychological interventions, with a basic knowledge of at least one form of evidence-based psychotherapy
- Ability to deliver medium to long term psychotherapy
- Ability to maintain optimism in difficult clinical situations, instil hope in patients, stimulate their recovery
- Promoting a self-reflective attitude
### Effective communication and collaboration

**Teamwork:**
- Ability to designate and allocate the roles and responsibilities of different parties in a clinical team
- Skills to communicate, negotiate, and liaise with other stakeholders
- Understanding intra- and inter-team dynamics and ability to promote positive working relationships with other parties

**Education:**
- Knowledge on public mental health
- Knowledge and skills in public education
- Training and supervision skills
- Presentation skills
- Offering education for medical students and junior trainees
- Engaging and nurturing attitude towards education and training
- To promote interest in continuous and life-long learning

**Written communication:**
- Knowledge and skills about preparation of medical reports for clinical and legal purposes
- Professional and ethical attitude in written communication

### Quality improvement

**Audits:**
- Knowledge and experience with audits
- Skills of appraisal and utilization of clinical evidence

### A clinical leader and a patient’s advocate

**Leadership:**
- Knowledge and practice of leadership and management skill
To promote essential personal qualities of a good leader

**Patient’s advocate:**
- Appreciate the social, economic and political aspects of mental health
- Knowledge about and how to reduce stigma
- Being able to negotiate with political leaders for the advancement of psychiatric care and public mental health
- Promoting a sense of social responsibility
- Promoting resilience and creative problem solving

**A scholar, researcher and mentor**

**Research:**
- Knowledge and experience in designing and managing research projects
- Scientific mindset and appreciate both service and experimental research

**Mentoring:**
- Knowledge and skills about mentoring juniors
- Nurturing attitude towards juniors