

WPA Checklist of training curriculum

Member jurisdiction:

Duration of training:

Medical knowledge and clinical skills

Patient assessment :

- Diagnosing psychiatric disorders
- Classifying disorders according to classification systems (e.g. ICD, DSM)
- Knowledge and skills to assess comorbid mental disorders
- Appreciation of interplay of multiple bio-psycho-social factors
- Skills to empathically understand the needs of a patient presenting with disabling and complex mental health problems
- Being compassionate while still maintaining a professional attitude
- Understand and appropriately handle counter-transference

Risk assessment:

- Knowledge and skills to comprehensively assess the risk of
 - suicide
 - physical violence
 - sexual violence risk
- Skills to develop multidisciplinary action plan according to risk assessment

Management of patient:

- Ability to provide a comprehensive, multidisciplinary treatment plan for patients with complex needs
- In-depth knowledge and skills in pharmacological treatment
- General understanding of psychological interventions, with a basic knowledge of at least one form of evidence-based psychotherapy
- Ability to deliver medium to long term psychotherapy
- Ability to maintain optimism in difficult clinical situations, instil hope in patients, stimulate their recovery
- Promoting a self-reflective attitude

Effective communication and collaboration

Teamwork:

- Ability to designate and allocate the roles and responsibilities of different parties in a clinical team
- Skills to communicate, negotiate, and liaise with other stakeholders
- Understanding intra- and inter-team dynamics and ability to promote positive working relationships with other parties

Education:

- Knowledge on public mental health
- Knowledge and skills in public education
- Training and supervision skills
- Presentation skills
- Offering education for medical students and junior trainees
- Engaging and nurturing attitude towards education and training
- To promote interest in continuous and life-long learning

Written communication:

- Knowledge and skills about preparation of medical reports for clinical and legal purposes
- Professional and ethical attitude in written communication

Quality improvement

Audits:

- Knowledge and experience with audits
- Skills of appraisal and utilization of clinical evidence

A clinical leader and a patient's advocate

Leadership:

- Knowledge and practice of leadership and management skill

- To promote essential personal qualities of a good leader

Patient's advocate:

- Appreciate the social, economic and political aspects of mental health
- Knowledge about and how to reduce stigma
- Being able to negotiate with political leaders for the advancement of psychiatric care and public mental health
- Promoting a sense of social responsibility
- Promoting resilience and creative problem solving

A scholar, researcher and mentor

Research:

- Knowledge and experience in designing and managing research projects
- Scientific mindset and appreciate both service and experimental research

Mentoring:

- Knowledge and skills about mentoring juniors
- Nurturing attitude towards juniors