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**PSYCHIATRISTS' ASSOCIATION OF
NEPAL (PAN)
KATHMANDU, NEPAL**

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Date 30th March 2020

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We all know that Government of Nepal has rightly decided and announced the lockdown till 7th of April 2020 to control the Pandemic condition of COVID 19. During this period many people has faced different kinds of mental health problems and may have queries regarding their condition. As a responsibility we are going to provide hotline numbers of psychiatrists of different city for the expert opinions.. Please don't hesitate to Call, SMS,viber to your nearest psychiatrist from 8am to 8pm

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