

## **Prof. David Musyimi Ndetei for WPA Secretary for Scientific Meetings**



### **Statement about Fulfilling the Requirements of the Post**

As summarized in my brief CV, my track record as a researcher, publications, promoting academic psychiatry from undergraduate to doctorate and higher doctorate levels across Africa, participating and assisting in conduct of scientific meetings across the Globe, peer reviews of scientific publications, developing new and innovative programs for public mental health in order to reduce treatment gap - all of these fulfill the requirements for Secretary for Scientific Meetings.

### **An Outline of Work Intentions**

While continuing with what I have been doing, I plan to work through the WPA Executive to advocate working towards the following: -

1. Shared, collaborative research and publications that bring together researchers from High Income Countries and Low & Middle Income Countries and shared, not just through publications but also participation in scientific meetings from Country level, Zonal, Regional and International levels.
2. Shared information on collaborative and innovative evidence-based approaches where individuals and groups from both HICs and LMICs share expertise in scientific meetings and with focus on the following:
  - i. Reduction of the treatment gap in mental disorders with emphasis on using currently available resources while at the same time advocating for more resources.
  - ii. Respect for human rights of people with mental disorders and their caregivers.
  - iii. Reduction in stigma towards mental health.
  - iv. Integration of mental health and physical health systems.
  - v. Using families (adults and children) as the main point of entry, using the life cycle (starting from pregnancy) approach and person centered medicine model with emphasis on women and children.
  - vi. A multi-disciplinary multi-stakeholder approach and community approach to reach critical masses in mental health awareness, screening, promotion of mental health wellbeing and intervention.
  - vii. Use of technology to reach critical masses and in particular where there are no mental health specialists.
  - viii. How to work with policy makers to prioritize, continuously improve and fund development of human resources and services.